

The logo consists of three concentric white circles. The top circle is an arc, and the bottom circle is also an arc, with the text 'EmpowHERment' centered between them.

EmpowHERment

4th Quarter Report

October, November, December



Prepared By:
Ambee Stephens

SUMMARY

The fourth quarter report is a document produced by the CEO containing a set of financial information, statistics, advancements, and a summary of overall impact from October 1st, 2021-December 31st, 2021.

These past 3 months have been full of exciting announcements, collaborations, and impact. We've served people providing hygiene items, support assistance and billing assistance.

EmpowHERment has grown rapidly in 2021, especially in this last quarter. We are so excited about what is to come and look forward to continuing the growth.

In this quarter, we have partnered with ClearPath Health LLC and Therapy Phoenix. EmpowHERment will be providing no-cost counseling to clients for up to 3 sessions each. At the end of the three sessions, clients will be invited to pay on a sliding scale. We are so excited to be able to offer mental health services to the women that we serve.

As we recognize our success, it is important that all of us remember that a community's enduring strength is in the hands of the members of said community. We would not be who we are without the support and love of Tampa Bay.

Thank you for your commitment to helping women rise.

Ambee Stephens, MNM

Founder | CEO

Q4 IMPACT

50

Workshops/Events Hosted to help cultivate relationships for women in Tampa Bay

138

Women & Families served

10

Graduates graduated from the EntrepreneurHER Academy

52

Volunteer Hours

\$72K

Dollars Fundraised



Program Updates



The launch of the EntrepreneuHER Academy was a great success! 10 graduates were able to receive a grant of \$500 after attending the 8 week program. EmpowHERment will now host this academy twice a year!

**I RAISE UP MY VOICE—NOT SO THAT I CAN SHOUT, BUT SO THAT THOSE WITHOUT A VOICE CAN BE HEARD. ... WE CANNOT ALL SUCCEED WHEN HALF OF US ARE HELD BACK.
MALALA YOUSAFZAI**

Partnered with ClearPath Health LLC, EmpowHERment will be providing no cost counseling to clients for up to 3 sessions each. At the end of the three sessions, clients will be invited to pay on a sliding scale.

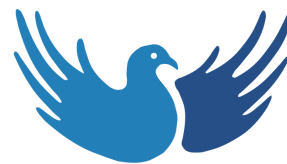


ClearPath Health LLC

Areas of Expertise include:

Depression - Anxiety - Bipolar - Grief Support - Suicidal Thoughts/Self Harm - Eating Disorders - Managing Mental Illness - Drug and Alcohol Use - Stress Management - Trauma and Post Traumatic Stress Disorder - Attention Deficit Disorder - TF-CBT - EMDR - Dual Diagnosis or Co-Occurring Disorders

Partnered with Therapy Phoenix, EmpowHERment will be providing no-cost counseling to clients for up to 3 sessions each. At the end of the three sessions, clients will be invited to pay on a sliding scale.



Therapy Phoenix

Areas of Expertise include:

Dialectical Behavior Therapy (DBT)
Cognitive Behavioral Therapy (CBT)
Acceptance Commitment Therapy (ACT)
Eye Movement Desensitization and Reprocessing (EMDR)
Self-Harming and Suicidal Thoughts and Behaviors
Personality Disorders
Trauma and Sexual Abuse
Anxiety, Depression, Bipolar, and Mood Disorders
Eating Disorders
Gender Identity

NEW PROGRAM

With the special support from Pinellas County Foundation, EmpowHERment will be launching a new program called, **HER MOVERS!**

Women and families in the Tampa Bay area will be able to contact EmpowHERment to help them move from an uncomfortable situation to a better, stable home. The truck will also serve as a donation pick up.

Currently, the goal is to connect with local probation officers and allow women to volunteer as movers.



PINELLAS
Community
Foundation

Giving Humanity a Hand Since 1969

HER MOVERS



WE LOVE OUR MEMBERS

Testimonial

"I cannot find the words to express how grateful I am! Thank you for not only helping by providing therapy but the profoundly kind gift of rent money. The hard work of communication is not unnoticed and I am forever thankful!!"

-EmpowHERment Member Testimony



EmpowHERment

HerGALA

FUNDRAISING EVENT

We are so proud of the success of our HER GALA! In just a few months, we have managed to confirm 67 sponsors. Thus far, we have raised over \$40k, with the projection of raising a total of \$60k total. Our gala will be hosted at the St.Pete Woman's Club, a local nonprofit with a similar mission of EmpowHERment. We are excited to join efforts as we do our part to help the women in Tampa Bay. Thank you, Amanda, Fundraising Chair for your commitment and success with this GALA.



NEW YEAR, REFRESH?

Empowered

Tough Conversations

HERE to shake tables

Female Gaze

More Community, less "charity"

Helping EACHOTHER Rise



2021 IMPACT

832

Women and Families Served

189

Workshops and events hosted

120

Individuals helped
with hygiene items

10

Graduates of the
EntrepreneuHER Academy

\$167k

Dollars Raised



Letter from our CEO



EmpowHERment began from a vulnerable place and with a humble story. No one “bounces back” after the sudden loss of a family member. No one “gets over it.” Vulnerability made EmpowHERment what it is today: a women-powered organization helping each other rise. When we are honest and open with ourselves and others, beautiful, lasting connections can begin to form. And when those connections are forged, we are empowered to give back. To ourselves, to our loved ones, to our communities. No human got very far without teammates. That’s how we see ourselves at EmpowHERment: Your teammates. Your sisters. Your friends. Your supporters. Your patrons. Your family. A growing force in the EmpowHERment Community is our THRIVERS. Those women who see our vision, align with it, and desire to add their power, their energy, to that vision. To those women: we see you, we love you, and we need you now more than ever.

It takes a village to fulfill a mission as large as ours. We thank you—clients, survivors, thrivers—for making EmpowHERment who we are.

In 2022, with your help, we aim to help 1000+ women and families, host 200+ events and workshops, and give at least 25 female entrepreneurs jump-start their businesses. We will also be launching our ambassador program! We are so excited to grow and cant wait to bring you with us!

Ambee Stephens

Founder | Executive Director