



PINELLAS COUNTY'S

KEY TO ACCESS MENTAL HEALTH, SUBSTANCE USE & ADDICTION TREATMENT SERVICES

CARE ABOUT ME IS A CONFIDENTIAL LINE FOR PINELLAS RESIDENTS TO SEEK APPOINTMENTS FOR MENTAL HEALTH, SUBSTANCE USE AND ADDICTION TREATMENT.

REFER RESIDENTS!



OR CALL/TEXT
1.888.431.1998

HOURS OF OPERATION:

Mon-Fri: 8 am - 10 pm
Sat: 10 am - 6 pm
(holidays included)

WE ARE HERE TO SUPPORT RESIDENTS AND CONNECT THEM WITH CARE IN AN EASY AND SAFE WAY.

Care About Me serves Pinellas County residents of all ages presenting all intensities of mental health, addiction, or co-occurring issues, including those in the early state of mental health or substance use or the highest acuity individuals.

HOW TO REFER A RESIDENT?

Care About Me provides the crucial support residents need to thrive and seek out the help they need. With our innovative eReferral system, you can easily connect a resident with our team of specialists, who will review the referral, contact them directly, complete the necessary screenings and coordinate appropriate appointments for services.

WHAT PINELLAS COUNTY RESIDENTS CAN EXPECT:

- 1** To speak with experienced behavioral health specialists to triage their needs & assess their level of care
- 2** Schedule an appointment with an appropriate provider & connect residents to supportive services
- 3** CAM specialists will follow up with residents after the initial appointment to ensure the quality of their experience

BECOME A PARTNER

We value collaboration and partnerships and are always looking for organizations or individuals who share our vision and values! If you are interested in partnering with us, contact us for more information.

CARE ABOUT ME IS NOT A CRISIS LINE

CAREABOUTME.ORG | 1.888.431.1998

POWERED BY:





SUPPORT STARTS HERE

YOUR KEY TO ACCESS MENTAL HEALTH, SUBSTANCE USE & ADDICTION TREATMENT SERVICES



CARE ABOUT ME IS NOT A CRISIS LINE

Care About Me offers easy, safe and confidential assistance with identifying the right service provider for you or a loved one. Plus we help schedule the appointments so you don't have to.

WHO IS CARE ABOUT ME FOR?

Finding the right care can be an overwhelming experience. Care About Me supports you every step of the way by confidentially assessing your situation, matching you with a provider, and booking an appointment to get you the help you need. Care About Me is your guide and ally on your journey to wellness.

HOW DOES CARE ABOUT ME WORK?

- 1 Email, Call, Text, Chat**
If you are in need of support, contact us for help.
- 2 Speak with a Caring Specialist**
Our trained specialists will confidentially learn about your situation and present options developed just for you.
- 3 Make an Appointment**
Our specialists will help navigate the scheduling process, so all you have to do is show up.



OR CALL/TEXT
1.888.431.1998
HOURS OF OPERATION:
Mon-Fri: 8 am - 10 pm
Sat: 10 am - 6 pm
(holidays included)

"I am a PTSD survivor and sometimes things simple to some like scheduling appointments can trigger and cause anxiety and frustration. This system and team have helped me gain support with the scheduling process knowing there is someone other than myself on the line. I am so encouraged by the program you all offer and the peace it is helping me remain positive and see a healthy recovery for myself. Thank you!"

-Pinellas County Resident

POWERED BY:



CAREABOUTME.ORG