April 18, 2024

Dear Staff:

My husband, Bruce, has been coming to the Adult Day Care center for two years. The time has flown by, and when I attended an assessment meeting with Lee yesterday, I could hardly believe that it has been two years.

I want to reach out to everyone at the facility to thank you for your support and dedication in helping me with Bruce. As you know, I drop Bruce off around 10 a.m. two or three days per week. This time away from caregiving affords me more peace than you may know. When I leave the building after dropping Bruce off, I am free to not worry about him and having to maintain a constant vigil of what he is doing. I never worry about his care, because it is evident that the team cares about him. Bruce is almost always greeted by Myra, who has a cheerful personality. She engages Bruce with various methods to help him feel as ease and comfortable about me leaving him. The weight of caregiving is lifted and I am able to have five hours of relief.

Caregiving is not for the weak in spirit, and as a caregiver, I know that my burden and responsibility has been transferred to the Day Care team during the time Bruce is there. This gives me a much-needed break and helps to lessen my stress. Lee is always receptive to lend a listening ear and offer simple and manageable solutions for things that may make my caregiving job easier. He often asks about Bruce's overall health and how things are going. I appreciate Lee's efforts in showing me how much Bruce means to him and the team. The team goes above and beyond their job responsibilities by offering cat books and videos to help distract Bruce from a possible anxious state. Lee comforts Bruce when he gets concerned about how he is going to get home. Knowing this causes me to worry less about Bruce's care at the center.

The center means so much to me, and I cannot begin to tell you how thankful I am to everyone who works there. Most likely the gratitude of those who have a loved one at the center isn't expressed adequately. I just wanted to take the time to say how grateful I am for everyone there and their time and dedication to running a wonderful center that is so helpful to those caring for a loved one with dementia and other ailments.

| Sincere | ly, |
|---------|-----|
| | |
| Jewell | |

Sharon loves all the staff from the moment they great her so kindly when she arrives.

I know that she is well taken care of and that nursing is always available.

Knowing she is being cared for at this facility allows me to have some very much needed rest time and time to get needed things done.

Sharon loves it when Myra greets her at the door.

Ron R

| To: | Adult | Day Program | Director |
|-----|-------|-------------|----------|
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From: Louise _____

I am writing this letter to let you know how pleased I am with the care my husband, Ed, receives as a participant at the Adult Day Center. This program has made such a positive difference in both of our lives. We are both free to be our best selves due to the friendly, caring, helpful and compassionate staff and atmosphere.

I feel very comfortable knowing that my husband's physical, mental and emotional needs are tended to every day he is at the center. The staff communicates with me when there is need and help me understand and accept our circumstances. They are friendly, kind and considerate as they tend to the needs of participants. And the ability to be flexible with scheduling is very helpful to accommodate outside appointments.

My husband enjoys the meals and activities and companionship of others during the day. And when he gets home, he is tired and takes a nap- which tells me it was a full day and also allows me a little more time to do what I need to at home.

This day care program has really made a positive difference in our lives, relieving daily stress for us both. Thank you to all who understand and work to help us along this journey.