

# Application for Funding Assistance

Florida Department of Law Enforcement  
Justice Assistance Grant - County-wide

## Section 1: Administration

### Subgrant Recipient

**Organization Name:** Pinellas County Board of Commissioners

**County:** Pinellas

### Chief Official

**Name:** Charlie Justice

**Title:** Chairman

**Address:** 315 Court Street  
#501

**City:** Clearwater

**State:** FL                      **Zip:** 33756-5165

**Phone:** 727-464-3022      **Ext:**

**Fax:**

**Email:** cjustice@pinellascounty.org

### Chief Financial Officer

**Name:** Ken Burke

**Title:** Clerk of the Court

**Address:** 315 Court Street

**City:** Clearwater

**State:** FL                      **Zip:** 33756

**Phone:** 727-464-3341      **Ext:**

**Fax:** 727-464-3341

**Email:** kburke@pinellascounty.org

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## Section 1: Administration

### Implementing Agency

**Organization Name:** Pinellas County Human Services

**County:** Pinellas

### Chief Official

**Name:** Lourdes Benedict

**Title:** Director

**Address:** 440 Court Street  
2nd Floor

**City:** Clearwater

**State:** FL **Zip:** 33756-5165

**Phone:** 727-464-8417 **Ext:**

**Fax:**

**Email:** lbenedict@pinellascounty.org

### Project Director

**Name:** Sara Gordils

**Title:** Justice Programs Analyst

**Address:** 440 Court Street  
Second Floor

**City:** Clearwater

**State:** FL **Zip:** 33756-5139

**Phone:** 727-464-7437 **Ext:**

**Fax:**

**Email:** sgordils@pinellascounty.org

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## Section 2: Project Overview

### General Project Information

**Project Title:** CHILD ABUSE PREVENTION  
**Subgrant Recipient:** Pinellas County Board of Commissioners  
**Implementing Agency:** Pinellas County Human Services  
**Project Start Date:** 10/1/2016      **End Date:** 9/30/2017

### Problem Identification

As many as a third of individuals who report being abused as a child or teenager will repeat that behavior on their own children later in life. This cycle of abuse can occur when children who experienced maltreatment, or witnessed violence between their parents or caregivers, learn to use physical punishment as a means of parenting their own children. Consider the following:

- In over 80% of child abuse cases, the perpetrator was a parent;
- Among the perpetrators, 53.5% were female;
- Children who are abused are 25% more likely to experience teen pregnancy;
- Among homeless youth, 46% escaped a home where they suffered physical abuse; another 17% left due to sexual abuse.

Most of the girls who end up at ALPHA House are among the three (3) in ten (10) American girls who will get pregnant at least once before age 20. That total was more than 750,000 teen pregnancies last year. Parenthood is the leading reason teen girls drop out of high school, and more than 50% never graduate. We are working every day to reduce teen pregnancies, reduce homelessness, reduce academic underachievement, and break the cycle of abuse that brings so many to our door.

#### Problem Significance:

Those who come to ALPHA House prove every day that homelessness and teen pregnancy are directly linked with previous physical or sexual abuse. Knowing that a third of those abused as a child will repeat that behavior with their own children, ALPHA House feels we are in an ideal position to disrupt that cycle of abuse by working closely with every young woman we serve. Homelessness has been a heartbreaking and hard-to-resolve societal issue for years, both in St. Petersburg and in Pinellas County as a whole. Many task forces have been convened to address this homelessness problem, and the reality that homelessness can be just a quick misstep away for many as a result of a job loss, economic turmoil or just bad luck. We all need to walk in the shoes of the homeless for a night to understand the desperation and devastation that engulfs a young person who suddenly realizes they have no place to sleep tonight, no home where they are welcome and no one to call for help.

Reports about homelessness appear regularly in the local news media, and the struggle to assist and support this segment of the population is perpetual and perplexing. According to the Homeless Empowerment Project (HEP), one in five homeless in Tampa Bay are children. At ALPHA House, our programs are designed to take these young and frightened women off the street, infuse them with a new mindset, and the confidence to live independently and be a good parent to their children. We must get these women and babies off the street now.

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## Section 2: Project Overview

### Needs Assessment:

The link between homelessness and child abuse among young women and teens is clear and demands our attention. According to the 2015 Pinellas County Point-in-Time (PIT) Homeless Report, there were 3,387 homeless individuals in Pinellas County, with about two-thirds of Pinellas homeless persons living in St. Petersburg. Included in that group are more than 80 teens and young women on the ALPHA House waiting list. All of these individuals are seeking a safe haven but must stand by as beds stay empty due to a lack of program funding.

The wish of these young women who arrive at ALPHA House is simple: they want to feel safe and protected while preparing for the birth of their child. They want help with all pre and post natal aspects of being a new mother, which they receive during their stay, which typically average about six months.

When people picture in their mind a group of homeless people, how many see teenage girls and young women? This is a seldom discussed segment of the homeless population that is in need of protection and support. We have witnessed a trend for years at ALPHA House, where over 90% of the teens and young women who enter our program are victims or survivors of abuse. To make matters worse, eight (8) of ten (10) teen dads do not marry the mother of their child, and father's to-be sometimes become abusers when faced with the prospect of fatherhood. These women are truly alone with their unborn babies when they finally find ALPHA House.

Ending the generational cycle of abuse is one of the primary missions of ALPHA House in its residential and community programs. It is well documented that children who have been abused are more likely to be in an abusive relationships in adulthood, as either an abuser or a victim. The Florida Department of Children and Families reported in FY 2014-2015 there were 476 child fatalities reported through the Florida Abuse Hotline statewide, and more than 262,000 children involved in investigations of abuse, abandonment or neglect.

There are six (6) documented consequences of child abuse and neglect outlined in Understanding Child Abuse and Neglect (National Academies Press 1993). Physical consequences range from minor injuries to severe brain damage (Dykes, 1986) and even death. Psychological consequences range from chronic low self-esteem to severe dissociative states. The cognitive effects of abuse range from attentional problems and learning disorders to severe organic brain syndromes (Fantuzzo, 1990; Kolko, 1992). Behaviorally, the consequences of abuse range from poor peer relations to violent behaviors (Aber et al., 1990). Thus, the consequences of abuse and neglect significantly affect the victims themselves as well as the society in which they live.

Being abused and/or neglected can directly and adversely affect a person's parenting skills and bonding experiences with their infant child. If a person's history of abuse is not identified and addressed through counseling, therapy, or other appropriate interventions, the cycle of abuse can, and does, repeat itself.

Counseling and therapy treatment can assist in breaking the generational cycle of abuse. ALPHA House has seen an 80% decrease in internal program child abuse reporting since we began offering abuse-specific counseling, case management, group therapy, and mentoring. Our residents are confronted with this cycle of abuse, and acquire the skills

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## Section 2: Project Overview

and compassion to break that cycle and refocus their energies on maximizing their child's developmental experiences.

The ALPHA House Child Abuse Prevention project is changing lives by providing a safe haven for homeless pregnant teens and women, while protecting their babies from the cycle of abuse and ensuring a brighter future for mother and child.

This project has been previously funded by Justice Assistance Grant Countywide and is a continuation grant from the previous year.

### **Project Summary (Scope of Work)**

The ALPHA House program that has been developed over the years and is currently in place continues to focus on prevention and education regarding child abuse among our residents.

Our educational approach is two-pronged:

1) **INDIVIDUAL & GROUP COUNSELING:** Through in-house classes as well as individual and group counseling, we help these girls recognize patterns of behavior from their own past, identifying the various triggers that can set off an angry reaction when caring for a child. This requires an honest look at themselves and the parenting techniques they received, and encourages them to think about and devise a different, better, loving plan to follow after their baby arrives;

2) **CHILD ABUSE LESSONS:** Through the in-house classes ALPHA HOUSE provides the girls with a variety of methods and parenting techniques that they can put to use immediately upon the birth of their new child. These approaches are effective for their newborns, infants and eventually toddlers. When mother's graduate and head out into the community with their child, we send them with reminders and information to help them follow their plans and provide appropriate care and discipline without violence or abuse. Girls are also linked with services through community collaborations developed to ensure a community approach in continuing to address their needs.

These really work in tandem with the ultimate goal of preventing child abuse. ALPHA HOUSE hopes to reduce the number of reported abuse calls during the project year. Based on average turnover rates and bed census data, we estimate to provide services to approximately 55-65 young women.

Individuals tend to parent the way they were parented. It is incumbent upon ALPHA House staff to provide timely identification of positive, developmentally appropriate parent-child interactions, with focus on strengthening the parent-child attachment, early childhood social/emotional developmental needs and early childhood development. By doing so we also address the effects of intergenerational trauma with the goal of promoting healthy parenting and changing outcomes.

The costs associated with this program are predominantly staff related, but also include the printed materials needed for distribution to the girls in class and counseling sessions.

Our Case Managers provide the legwork needed to link each of the girls to schools, employment services and prospective employers, job skills coaches, housing programs and providers, medical doctors, clinics and other health service providers who can

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provide care for them and their babies. Ultimately the goal is to prepare them for life out on their own, where they can obtain gainful employment and thereby reduce the financial stress that often can lead to frustration, anger and child abuse.

Our in-house Counselor works with each of the girls individually and in group sessions to identify parenting and mental health goals, and to set a course for reaching those goals. The weekly sessions allow the girls to work on their mental health and trauma history by reviewing their own life experiences and charting a path to improvement. Every step forward in dealing with Post Traumatic stress (PTSD), anger issues, the lack of a support system, traumatic attachment issues, or other mental health challenges carries them one step further away from abusing their child.

Our program is staffed 24 hours a day, seven days a week, with an Executive Director and Program Director overseeing the goals for the project. Resident staff assistants are available at all hours of the evening to assist with any parenting questions or concerns that may arise.

John Hopkins All Children's Hospital and the Family Study Center at the University of South Florida St. Petersburg will both continue to partner with ALPHA House to provide ongoing instruction throughout the year on Positive Parenting Skills. Both have proven to be committed partners who are considered to be experts in the field of parenting and positive child development and attachment.

## Goals & Performance Measures:

In a facility like ALPHA House, young women who are reluctantly pregnant arrive at our door because they simply have no other options. We work hard to help them refocus on their new role as a mother, and adopt a positive mindset as the privileged giver of life to a baby who needs their love and constant care to survive. Most are able to make that transition in mindset, but not all.

The Florida Abuse Hotline accepts reports 24 hours a day and 7 days a week of known or suspected child abuse, neglect, or abandonment. For several years, ALPHA House was able to avoid calls to the Hotline for 80 percent of their clients. However in the last 7 to 8 months this has increased to 95% due to an even sharper focus on child abuse-specific instructional topics, videos and informational materials.

Our goal is to eliminate all child abuse calls, and by continuing to focus on this aspect of our overall program we intend to keep moving closer and closer to that goal.

There are two methods we will use to track project performance, each intended to give some idea of the effectiveness of our expanded classes, group sessions, 24-hour supervision and other methods.

The first is the Hotline call log itself, which will give us a continuing point of reference for how our girls are doing with their newborns. We anticipate a continued decrease in the actual number of calls our staff places during the project year compared to previous years.

The second will be an intake and discharge survey of all residents to provide comparison data regarding discipline methods and parenting techniques.

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## Section 2: Project Overview

### Section Questions:

Question: What percentage of the total cost of this project is being funded by sources other than this award?

Answer: 26

Question: What is the name of the jurisdiction(s) your agency provides service to. (e.g., City of Miami, Orange County, State of Florida)

Answer: Pinellas County

Question: What is the address of the location being used to provide services for this project?

Answer: 701 5th Avenue North, St. Petersburg, Florida 33701

Question: Describe your agency. (e.g., non-profit, community based, government)

Answer: government through contract with a non-profit

Question: Have you verified that the subgrantee has an active and current registration in SAM.gov?

Answer: Yes

Question: What is the Operating Capital Outlay threshold used by the subgrantee? If the implementing agency is a sheriff's office, indicate the sheriff's office's threshold instead.

Answer: n/a

Question: Does the subgrantee receive a single grant in the amount of \$750,000 or more from the U.S. Department of Justice?

Answer: No

Question: Does the implementing agency receive a single grant in the amount of \$750,000 or more from the U.S. Department of Justice?

Answer: No

Question: In your organization's preceding completed fiscal year, did your organization (the subgrantee) receive at least (a) 80 percent or (b) \$25,000,000 of your annual gross revenues in U.S. federal contracts, subcontracts, loans, grants, subgrants, and/or cooperative agreements?

Answer: No

Question: If you answered yes above, does the public have access to information about the compensation of the executives in your organization (the subgrantee) through periodic reports filed under section 13(a) or 15(d) of the Securities Exchange Act of 1934 (15 U.S.C. 78m(a), 78o(d)) or section 6104 of the Internal Revenue Code of 1986? If answer to Part 1, above, was "no," answer N/A.

Answer: No

Question: What is the combined population of the jurisdiction(s) your agency provides services to (according to the 2010 census)?

Answer: 916812

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## Section 3: Performance

### General Performance Info:

**Performance Reporting Frequency:** Quarterly

**Federal Purpose Area:** 03 - Crime Prevention (Non law-enforcement agencies only)

**State Purpose Area:** 1G - General Questions

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### Objectives and Measures

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**Objective:** General Questions - General Questions for All Recipients

**Measure:** General 02

Will your organization be using the The National Training and Technical Assistance Center (NTTAC) during the grant period, regardless of JAG funding? The NTTAC serves as BJA's training and technical assistance center. You can find resources, tools, webinars, and TTA support on a variety of criminal justice issues and initiatives.

**Goal:** Yes

**Measure:** General 03

Will your organization be using the NCJP.org website during the grant period, regardless of JAG funding? NCJP.org contains resources to support strategic planning, program development, and implementation of evidence-based policy and practice.

**Goal:** Yes

**Measure:** General 04

Will your organization be using the Evidence-Based Policing Matrix during the grant period regardless of JAG funding? The Evidence-Based Policing Matrix provides information on evidence-based practices for law enforcement.

**Goal:** Yes

**Measure:** General 05

Will your organization be using the What Works in Reentry Clearinghouse during the grant period regardless of JAG funding? The clearinghouse provides research on the effectiveness of reentry programs and practices.

**Goal:** Yes

**Measure:** General 06

Will your organization be using Research to Practice during the grant period regardless of JAG funding? Research to Practice promotes the dissemination of research on drug courts to practitioners and policymakers.

**Goal:** Yes

**Measure:** General 07



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## Section 3: Performance

- Goal: Will your organization be using any other resources during the grant period regardless of JAG funding? If yes, please describe them.  
www.childwelfare.org  
www.preventchildabuse.org
- Measure: General 08  
During the grant period, will your agency conduct or sponsor (with or without JAG funds) a survey or focus group of citizens on any of the following topics? Enter all that apply from the following list: Public satisfaction with police services; public satisfaction with prosecution services; public satisfaction with public defender/indigent defense services; public satisfaction with courts; public perceptions of crime/disorder problems; personal crime experiences of citizens; none of the above; unsure/don't know.
- Goal: None of the Above/Unsure
- Measure: General 09  
During the grant period, which of the following community activities will your organization be involved in, with or without JAG funds and how often will they each occur (yearly, monthly, etc.)? Choose from the following list: Hosting community meetings; attending community meetings; distributing a newsletter, e-mail, or other bulletin; attending community events; conducting social media activities; conducting outreach to minority populations; other (please describe)
- Goal: Bi-Annually: Attend Substance Abuse Advisory Board Meeting; Distribute Newsletter  
Daily: Social Media, Child Abuse Prevention Video in Lobby for community at large, and bulletin board on child abuse
- Measure: General 10  
Law Enforcement Agencies ONLY: In which of the following ways has your agency fostered community involvement in the last year? Enter all that apply from the following list: Citizen Review Board or other review board with citizen representation, Citizen's Police Academy, Internships for university or high school students, Volunteer Program, Auxiliary police officer program, Police Cadet Program, k-12 school programs, Youth Athletic Programs, Other (please Describe), None of the above, Unsure/Don't know.
- Goal: n/a
- Measure: General 11  
Identify the goal(s) you hope to achieve with your funding. If you have multiple goals, describe each goal separately.
- Goal: Educate the community on the cycle of child abuse and reduce number of reported child abuse calls within the program by 90%.

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## Section 3: Performance

Provide at least 55 women program services: Counseling and Child Abuse Lessons.

Measure: General 12

Are the subrecipient and implementing agency aware that they will be required to report on the status of the identified goals during each reporting period?

Goal: Yes

Measure: General 13

Describe any barriers you may encounter which may prevent you from achieving your identified goal(s).

Goal: Reaching the community at large for child abuse information and breaking the cycle of abuse which may go back several generations. Family and friends that may negatively impact program progress.

Measure: General 14

Are you aware that the Office of Criminal Justice Grants encourages recipients to report on any noteworthy accomplishments, success stories, or program results that they would like to showcase?

Goal: yes.

Measure: General 15

What major activities are planned for each of your goals listed in question 12?

Goal: ALPHA House staff availability 24 hours a day 7 days a week to support program clients.

Continued partnerships with John Hopkins All Children's Hospital and the Family Study Center at the University of South Florida St. Petersburg.

**State Purpose Area:** 5C - Consultants/Contracts

### Objectives and Measures

**Objective:** Consultants/Contracts - Questions for all recipients using consultants/contracts.

Measure: Consultants1

Please describe what consultants/contracts will be paid for with JAG funds during the grant period. Include names, titles and areas of expertise where applicable.

Goal: JAG funds will be used to fund a portion of the case management, individual counseling, and therapeutic group services provided by the ALPHA House Child Abuse Prevention Program.

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## Section 3: Performance

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## Section 4: Financial

### General Financial Info:

**Note: All financial remittances will be sent to the Chief Financial Officer of the Subgrantee Organization.**

Financial Reporting Frequency for this Subgrant: Quarterly

Is the subgrantee a state agency?: No

FLAIR / Vendor Number: 596000800

### Budget:

Budget Category	Federal	Match	Total
Salaries and Benefits	\$0.00	\$0.00	\$0.00
Contractual Services	\$15,620.00	\$0.00	\$15,620.00
Expenses	\$0.00	\$0.00	\$0.00
Operating Capital Outlay	\$0.00	\$0.00	\$0.00
Indirect Costs	\$0.00	\$0.00	\$0.00
<b>-- Totals --</b>	<b>\$15,620.00</b>	<b>\$0.00</b>	<b>\$15,620.00</b>
<b>Percentage</b>	<b>100.0</b>	<b>0.0</b>	<b>100.0</b>

### Project Generated Income:

Will the project earn project generated income (PGI) ? No

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## Section 4: Financial (cont.)

### Budget Narrative:

Contractual Services:

1 Unit = 1 hour of Service.

The grant will fund 485.244 Service Units at a Unit Cost of \$32.19. Units may be expended in any combination and amount of Counseling, Group Therapy, and Case Management until grant funds have been depleted.

Total Program Costs: \$60,269

Total Program Units: 1872.29

Grant Award Budget: \$15,620

Grant Funded Units: 485.244

#### TOTAL PROGRAM UNITS & COST

Total Program Budget = Total Program Units x Unit Cost

\$60,269 = 1872.29 x \$32.19

#### GRANT AWARD BUDGET & UNITS

Grant Budget = Budgeted Units x Unit Cost

\$15,620 = 485.244 x \$32.19 =

Total Service Units for Project:

624 Units of Individual Counseling

624 Units of Therapeutic Groups

624 Units of Case Management

Total Program Costs:

Project Salaries: \$55,454

Project Expenses: \$4,815

Total Project Cost: \$60,269

ALPHA House of Pinellas County will fund the remaining cost of the program.

Unit Cost updated on 05/19/2016.

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## Section 4: Financial

### Section Questions:

Question: If the budget contains salaries and benefits, will this project result in a net personnel increase, or continue to fund a prior federally grant funded net personnel increase?

Answer: No

Question: If Expenses or Operating Capital Outlay are included in your budget, what will be the method of procurement for those items? (e.g., competitive bid, sole source, state term contract)

Answer: not applicable.

Question: If indirect cost is included, explain the indirect cost plan. Provide documentation of approval.

Answer: not applicable.

Question: If contractual services in the budget are based on unit costs, provide a definition and breakdown of cost for each service. Include the methodology for the unit cost plan and when it was approved.

Answer: Unit Cost = \$32.19 established 5/19/16

Project Salaries= \$55,454  
Project Expenses= \$4,815  
Total Project Cost= \$60,269  
(see below for breakdown of costs)

Total Project Service Units= 1,872.29

Unit Cost = Total Project Cost/Total Project Units.

$\$32.19 = \$60,269 / 1,872$

#### SALARIES & BENEFITS

Executive Director 10% of 1 full time employee=\$7,167  
Program Manager 10% of 1 full time employee=\$4,743  
Case Managers 40% of 2 full time employees=\$25,544  
Counselor 50% of 1 full time employee=\$18,000  
Total: \$55,454

#### EXPENSES

Printing, copy, group supplies=\$1,473  
Utilities=\$3,342 (10% of estimated annual power, water, phone, and cable costs).  
Total: \$4,815

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## Section 5: Standard Conditions

**Insert Standard Conditions Page here.**

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## Section 6: Signatures

In witness whereof, the parties affirm they each have read and agree to the conditions set forth in this agreement, have read and understand the agreement in its entirety and have executed this agreement by their duty authorized officers on the date, month and year set out below.

**Corrections on this page, including Strikeovers,  
whiteout, etc. are not acceptable.**

**State of Florida  
Department of Law Enforcement  
Office of Criminal Justice Grants**

Signature: \_\_\_\_\_

Typed Name and Title: \_\_\_\_\_

Date: \_\_\_\_\_

**Subgrant Recipient  
Authorizing Official of Governmental Unit  
(Commission Chairman, Mayor, or Designated Representative)**

Typed Name of Subgrant Recipient: \_\_\_\_\_

Signature: \_\_\_\_\_

Typed Name and Title: \_\_\_\_\_

Date: \_\_\_\_\_

**Implementing Agency  
Official, Administrator or Designated Representative**

Typed Name of Implementing Agency: \_\_\_\_\_

Signature: \_\_\_\_\_

Typed Name and Title: \_\_\_\_\_

Date: \_\_\_\_\_



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## Section 7: Certifications and Authorizations

**Insert Certifications and Authorizations here.**